

Introduction to NLP

Discovering the Power Within Us - First Steps

Moving Paradigms and Step Off are very excited to be offering this introductory day to Neuro-Linguistic Programming (NLP). In the current economic climate it is time to invest in you and discover why people at the top of their game have the success they do.

What is NLP?

Neuro-Linguistic Programming (NLP) is a collection of models, tools and techniques that enable you to:

- Communicate more effectively
- Achieve excellence in your professional and personal life
- Change unwanted behaviours
- Positively influence your unconscious mind
- Improve your overall performance in whatever you do

During this day course you will gain an overview of some key aspects of NLP including:

- Why NLP can improve how you do what you do
- What makes NLP the 'Difference that makes the difference'
- How to apply some of the basic NLP techniques
- That NLP has applications in all aspects of our lives
- Taking your NLP learning further

Where is it?

De Vere-Milton Hill House,
Steventon. 5 minutes from
the A34 Milton Interchange.

When is it?

Friday 3rd September 2010
9.30am - 5pm

How much does it cost?

£100 + VAT

Booking details

To book your place and for further info send an e-mail to; ian.robertson@movingparadigms.co.uk or call 07800 967215

If you always do what you have always done, you will always get what you have always got! - NLP Presupposition

Bring a friend

Book 2 places on the course for the price of one

Future course dates

20 Day NLP Practitioner starting October 2010

(Book on to our NLP practitioner course, after attending our NLP Introduction, for a discount to the value of this course)

The Trainers

Fiona Smith of Step Off is a certified NLP Trainer, Executive Coach and Business Improvement Consultant and has held senior management posts in the not for profit and private sectors. In all that Fiona does she is passionate about empowering the people she works with to help them and their organisations fulfil their potential.

stepoff.co.uk



Ian Robertson of Moving Paradigms is a certified NLP Trainer, Executive Coach and Six Sigma Consultant and has previously worked at senior levels in industry and management consultancy. In all of these roles Ian has delivered results through empowering others and this approach is at the heart of how he works.

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