

NLP Practitioner

Using the Power Within Us

Moving Paradigms and Step Off are very excited to be offering this practitioner course in Neuro-Linguistic Programming (NLP). Set sail on a voyage of discovery to find out why people at the top of their game have the success they do and how you can utilise this power that exists within us all.

What is NLP?

Neuro-Linguistic Programming (NLP) is a collection of models, tools and techniques that enable you to:

- Communicate more effectively
- Achieve excellence in your professional and personal life
- Change unwanted behaviours
- Positively influence your unconscious mind
- Improve your overall performance in whatever you do

During this 20 day practitioner certification course you will gain practical experience of NLP techniques and learn about all the basic models inc;

- Well formed outcomes
- Meta model and Milton model
- Metaprogrammes
- Coaching Interventions e.g. Fast phobia cure, Swish etc
- Conflict resolution and collaborative outcomes

Where is it?

De Vere-Milton Hill House,
Nr Didcot. Only 5 minutes from
the A34 Milton Interchange.



With its whitewashed Georgian charm set in 22 acres of secluded parkland, Milton Hill House is just 13 miles from Oxford.

Access is easy, with direct train links to Didcot Parkway and by road from the M4 and M40, via the A34.

If someone else can do it then so can I - NLP Presupposition

Course dates

Module 1 – Oct 20th-22nd 2010

Module 2 – Nov 17th-19th 2010

Module 3 – Dec 15th-17th 2010

Module 4 – Jan 12th-14th 2011

Module 5 – Feb 9th-11th 2011

Module 6 – Mar 9th-11th 2011

Integration – Apr 28th-29th 2011

Our course

Our course is broken down into six 3 day modules over a 6 month period followed by a final 2 day certification module to integrate all your learning. Each 3 day module runs on a Wednesday, Thursday and Friday with an optional group meal on the Thursday night. The Integration module runs on a Thursday and Friday with a celebration on the Friday night.

What is the learning focus of each module?

Module 1 – Foundations – The Legs of NLP

Module 2 – Understanding yourself and others – The Basics

Module 3 – Understanding yourself and others - Advanced

Module 4 – Conflict resolution and collaborative outcomes

Module 5 – Addressing limiting beliefs

Module 6 – Metaphor and revision

Integration – Certification and celebration

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The Trainers

stepoff.co.uk



Fiona Smith of Step Off is a member of the Professional Guild of NLP and certified NLP Trainer. When she is not delivering NLP training Fiona is an Executive Coach, Facilitator and Business Improvement Consultant. She has held senior management posts in the not for profit and private sectors. In all that Fiona does she is passionate about empowering the people she works with to help them and their organisations fulfil their potential.

movingparadigms.co.uk



Ian Robertson of Moving Paradigms is a member of the Professional Guild of NLP and a certified NLP Trainer. When he is not delivering NLP training Ian is an Executive Coach, Facilitator and Six Sigma Consultant and has previously worked at senior levels in industry and management consultancy. In all of these roles Ian has delivered results through empowering others and this approach is at the heart of how he works.

The benefits of doing our NLP Practitioner Course

- ✓ We focus on you and your learning
- ✓ We ensure what you learn is practical and can be applied to your unique situation
- ✓ As well as being NLP trainers we have worked as leaders in business
- ✓ We use innovative methods to enhance your learning experience
- ✓ We provide individual feedback and offer 1:1 coaching throughout the programme so that you can maximise your learning

If you always do what you have always done, you will always get what you have always got! - NLP Presupposition

Other courses

Introduction to NLP weekend
July 3rd – 4th 2010

Introduction to NLP Day
2nd July or 3rd Sept 2010

Why not whet your appetite!
Come on one of our introduction to NLP courses for free* when you book your place on our NLP practitioner course.

(*Does not include evening meal and accommodation, terms and conditions apply)

Group size

We do not have any more than 18 delegates on our Practitioner course.

We deliberately keep our group sizes small so that you benefit from quality time to learn and practice the techniques of NLP. It also means you have plenty of direct access to the trainers.

How much does it cost?

Our NLP Practitioner Course costs £2995 + VAT
(This does not include accommodation and evening meals)

Booking details

To book your place and for further information send an e-mail to;
ian.robertson@movingparadigms.co.uk

or
call 07800 967215